



LAKEWOOD DENTAL ARTS
Oral and Maxillofacial Surgery
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PRE-OPERATIVE INSTRUCTIONS

BEFORE your surgery with sedation -

1. Please have an empty stomach (no food, no water) for 8 hours before your appointment. Morning appointments are usually preferred.
2. If your appointment is in the afternoon, please have a light breakfast (no fatty foods, e.g., bacon, eggs, etc.) and then no food or drink for 6 hours before your afternoon appointment and take all of your usual medications, if any, as scheduled with sips of water.
3. Please bring a responsible adult driver over 18 years of age to take you home.
4. Patients under 18 years of age must bring a parent. **A signed ORAL SURGERY CONSENT FORM must** be provided by a PARENT or LEGAL GUARDIAN.
5. Short sleeved, loose fitting clothing should be worn to the appointment.
6. Jewelry should be left at home.
7. Contact lenses should be removed.
8. Make-up and nail polish should be avoided.
9. A SOFT DIET is suggested during the first few days following the procedure.
10. No driving the car or leaving the house on the day of your sedation procedure. The following day, no restrictions.

***For Nitrous Oxide Patients ONLY**

*You do not require an escort to drive you home. After a short recovery period you can drive yourself home. If desired, a light meal can be consumed up to two hours before the appointment time.

****For DIABETIC patients.....MORNING APPOINTMENTS ONLY**

** Take all of your usual morning medications with sips of water the morning of your procedure.

** Diabetes medication taken in the morning and followed by a meal, or those taken after a meal, should be skipped that morning as you will skip that meal.

**PLEASE PARK BEHIND THE BUILDING
– IN THE DESIGNATED SURGERY SPACES -**